

Suprep Split Dosing Protocol for Bowel preparation for Colonoscopy

Date of laxative prep (1 day before colonoscopy): _____

REMINDER: DRINK ONLY CLEAR LIQUIDS STARTING AS SOON AS YOU WAKE UP IN THE MORNING.

Drink water liberally throughout the day. This diet includes breakfast, lunch, dinner, and all snacks. See general instructions for information on the clear liquid diet. You may have clear liquids until 4 hours before your procedure, but nothing after that, including water

The Suprep kit includes two bottles of the prep medication (6-ounces each) and one mixing cup with a 16-ounce measuring line on it. You must drink both bottles entirely for a complete preparation.

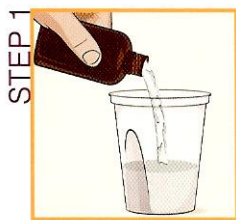
START TIME FOR FIRST DOSE: 5 pm: complete steps 1-4 with one 6-ounce bottle of the Suprep medication.

Step 1: Pour one 6-ounce bottle of the Suprep into the mixing container that came with the preparation kit.

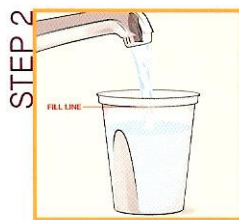
Step 2: Add drinking water to the 16-ounce line in the container and mix.

Step 3: Drink all of the liquid in the container over the next 15 minutes.

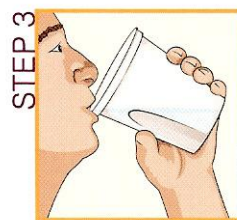
Step 4: You must drink two more 16-ounce containers of water over the next two hours.



STEP 1
Pour **ONE** (1) 6-ounce bottle of SUPREP liquid into the mixing container.



STEP 2
Add cool drinking water to the 16-ounce line on the container and mix.



STEP 3
Drink **ALL** the liquid in the container.



STEP 4
IMPORTANT
You **must** drink two (2) more 16-ounce containers of water over the next 1 hour.

START TIME FOR SECOND DOSE: _____ (Six hours prior to the scheduled arrival time for colonoscopy)

Step 1: Pour the other 6-ounce bottle of the Suprep into the mixing container that came with the preparation kit.

Step 2: Add drinking water to the 16-ounce line in the container and mix.

Step 3: Drink all of the liquid in the container over the next 15 minutes.

Step 4: You must drink two more 16-ounce containers of water over the next two hours.

YOU MAY CONTINUE CLEAR LIQUIDS UNTIL 4 HOURS PRIOR TO THE PROCEDURE, BUT NOTHING BY MOUTH AFTER THAT INCLUDING WATER.