



Digestive Disease Associates

39

Specialists in diagnosing and treating gastrointestinal, biliary and liver disorders

10710 Charter Dr., Ste 110
Columbia, MD. 21044
(410) 992-9797

700 Geipe Road Suite 230
Baltimore, MD. 21228
(410) 247-7500

www.ddamd.com

Patient:
Physician: Thomas W Abernathy MD

Today's Date:

INFORMATION REGARDING YOUR FLEX SIGMOIDOSCOPY

Date of Procedure: _____ *Procedure Time:* _____ *am/pm* *Arrival Time:* _____ *am/pm*

Facility:

- () Gastrointestinal Diagnostic Center (410) 242-3636
700 Geipe Road Suite 220 Baltimore, MD 21228
- () St. Agnes Hospital – GI Services Dept. (410) 368-2200
900 Caton Ave Baltimore, MD 21229
- () Howard County Gastrointestinal Diagnostic Center (410) 772-7345
10710 Charter Drive – Suite 120 Columbia, MD 21044
- () The Center for Ambulatory Surgery at Howard County (410) 740-7795
General Hospital
5755 Cedar Lane Columbia, MD 21044

You will need to purchase a total of two (2) Fleet Enemas, adult size, at your local pharmacy or grocery. These are sold over-the-counter and are in a green and white box. Instructions for use are on the package.

THE DAY PRIOR TO THE PROCEDURE

You may eat your regular lunch meal that day. After lunch you may have clear liquids only. (Clear liquids include coffee and tea without milk, apple, grape or cranberry juices, chicken or beef broth, Jell-O, etc.) **DAIRY PRODUCTS IN ANY FORM ARE NOT CONSIDERED CLEAR LIQUIDS.**

Take your medication as usual unless otherwise instructed.

EXAM DAY

Continue the clear liquid diet this morning until after the procedure.

Use the first enema two (2) hours before the procedure. Time: _____

Use the second enema one (1) hour before the procedure. Time: _____

NOTE: If your physician feels that you need to take antibiotics prior to this procedure for prophylactic measures, he will have given you a prescription to have filled to take prior to the procedure.

If you have any questions about the above procedure, please do not hesitate to call our office.