

# MIDATLANTIC ENDOSCOPY CENTER

## Discharge Instructions for Colonoscopy with Conscious Sedation / or Anesthesia

Date: \_\_\_\_\_

Today you had an endoscopic examination of your colon. Below is information to answer questions you may have following the procedure.

1. Abdominal discomfort is usually due to the air the doctor puts into your bowel during the procedure. You may have an increase in flatulence (*passing gas*). This is normal and should relieve any discomfort that you may have. If the abdominal pain persists or increases, please call our office.
2. If you pass small traces of blood in your stool the first twenty-four (24) hours, this is probably due to your procedure. Should this persist or increase, call our office.
3. Call our office if you develop a fever within twenty-four (24) hours after your procedure.
4. Resume your normal diet unless otherwise instructed by your LGI physician.
5. Because of the sedation do not drive, operate machinery, drink alcohol, or make any important decisions for 24 hours.
6. Your test results will be available by using our "Lab Calls" results telephone line in approximately 14 days. Please call 735-2098 and enter your **Social Security number as your PIN number**. Results are available via this secure line anytime day or night.
7. If you are taking aspirin or blood thinning medication, please take as directed by your physician at Lancaster Gastroenterology Inc.
8. Additional instructions: \_\_\_\_\_  
\_\_\_\_\_

Should you become concerned about these or any other problems related to the procedure, do not hesitate to call our office at: 717-544-3500. If calling after 5:00 p.m., ask for the doctor covering GI service.

Your doctor is: \_\_\_\_\_

I have been given a copy of these instructions, reviewed them with a nurse, and my questions have been answered.

\_\_\_\_\_  
Patient's/Responsible Individual's Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Person Giving Instructions

\_\_\_\_\_  
Time Instructions Given