

EGD- Upper Endoscopy

North Jersey Gastroenterology and Endoscopy Associates
1825 Route 23 South, Wayne, NJ 07470
Telephone 973-633-1484

Patient: _____

Doctor: _____

Date of procedure: _____ Time to report: _____

Time of procedure: _____

Location: Endoscopy Center, 1st Floor Chilton Hospital Access Center Wayne Surgical Center
1825 Rt 23 S Wayne, NJ 97 W Parkway Pequannock, NJ 1176 Hamburg Tpke Wayne, NJ

Latex allergy: Y or N

Diabetes: Y or N

PREPARATION:

1. The night before your procedure, please be sure to have your last large meal (dinner) eaten before 7p.m.
2. Please do not drink alcohol with dinner as this can cause your stomach not to empty.
3. Wear loose, comfortable clothing. Bring your glasses (if necessary). Do not bring valuables such as jewelry with you. The endoscopy facility cannot be responsible for your belongings.
4. **DO NOT EAT SOLID FOODS AFTER MIDNIGHT.**
5. You may have clear liquids only from midnight the night before the procedure until 6 hours prior to the procedure.
6. Clear liquids as follows:

Water	Clear juices (apple, white grape, not red)	Italian ices (not red)
Bouillon (beef or chicken)	Tea (regular, decaf, herbal)	Jell-O (not red)
7-Up, ginger ale, seltzer	Black coffee	Gatorade (not red)

7. PLEASE REMEMBER TO NOT CONSUME ANYTHING BY MOUTH INCLUDING WATER FOR five (5) hours before your procedure.

ADDITIONAL INFORMATION:

1. If you take blood pressure pills, pills for your heart, seizure medications or Parkinson's medications, take them as usual with a small amount of water. Ask your doctor if you are not sure.
2. If you take daily aspirin, Coumadin, Plavix, Ticlid, vitamin E, aspirin, Advil, Nuprin, Motrin or any other "anti-inflammatory/arthritis pills make sure you have discussed this with your physician.
3. After the procedure, you must not drive, work or do anything that could result in injury.
4. **YOU MUST HAVE A RIDE HOME OR THE PROCEDURE WILL BE CANCELLED!** Your ride should be available 1 1/2 hours after you are dropped off for your procedure.