

Instructions for Upper GI Endoscopy

Appointment Date: _____

Check-in/Arrival Time: _____

Location: La Jolla Endoscopy Center
9850 Genesee Avenue, **Suite 980** (9TH FLOOR XIMED BLDG)
La Jolla, CA 92037

Day of your procedure:

- DO NOT EAT SOLID FOODS AFTER MIDNIGHT
- If your procedure is scheduled for the morning, please do not eat or drink anything after midnight the night before.
- If your procedure is scheduled for the afternoon, you may have water up to 3 hours before the check-in time.

Things to remember before you arrive for your exam:

1. Bring you INSURANCE CARD and CURRENT LIST OF MEDICATIONS.
2. You must have an adult driver, 18 years of age or older, who will accept responsibility for you.
 - Your designated adult driver must be present at discharge for instructions. You are not allowed to take a taxi, bus, or shuttle van. If you do not have a responsible adult escort, your procedure will be cancelled. Ideally, your escort should be able to stay with you for several hours after the procedure in case you are still sleepy. You will be asked not to drive, sign legal documents, or consume alcohol for 24 hours.
3. Plan to be at the facility for approximately 2 hours from check-in to check-out.

You will receive a call up to a week before your procedure from the endoscopy's billing department, (844) 210-6742, to verify insurance benefits and to provide you the amount of upfront collections that are to be paid on the day of your procedure if any.

Physician charges are separate from facility charges. If biopsies are taken, you will also receive two additional bills from the pathologist and the hospital laboratory. Preventative screening colonoscopy can only be billed for patients who do NOT have any symptoms or diagnosis, personal history or family history of colon cancer or polyps. An evaluation of any sign, symptom, or colorectal disease will be submitted as a diagnostic procedure. Therefore, out of pocket expenses may apply according to your insurance benefits.

Please contact (858) 453-5200 if you have any questions or concerns.