

Liver Biopsy Prep Instructions

You have been scheduled for a procedure with Northern New Mexico Gastroenterology Associates. Please follow these instructions to prepare for your liver biopsy.

If you will be sedated, you MUST have a driver. Your driver is required to remain at the facility and to drive you home after your procedure. Public transportation and “drop off/pick up” is not allowed. Due to the sedation, you may not remember what your doctor tells you after the procedure; if this happens, please call our office at 505-983-5631 for an explanation of your results. If a biopsy is taken, it will take 5 to 7 working days for the doctor to get the biopsy report.

Please read all the instructions ahead of time so you can be adequately prepared for this procedure.

IF YOU MUST CANCEL THIS APPOINTMENT, PLEASE PROVIDE ADVANCED NOTICE OF AT LEAST THREE (3) WORKING DAYS. FAILURE TO DO SO MAY RESULT IN A \$100.00 CHARGE TO YOU.

The morning of your procedure:

***You may eat a normal breakfast the day of your biopsy, then clear liquids only up until 3 hours before your scheduled procedure.**

You may have clear liquids from the following list:

***Chicken, beef, or vegetable broth, apple juice, soft drinks, Gatorade, coffee, tea, iced tea, iced coffee (no cream, milk, soy, rice, or additives may be used), water, jello, popsicles**

3 hours before your procedure:

***Do not take anything by mouth until after your procedure**

Medications:

In general, you should take any blood pressure medications on the day of your procedure. However, if you are a diabetic, you should not take insulin or other diabetes medications the morning of the procedure, without discussing it with your doctor. No aspirin for 1 week prior to your biopsy (unless you have had a heart attack or stroke). No Motrin or Aleve for 48 hours before your procedure.