

EGD Prep Instructions







Appointment Date _____ Appointment Time _____ Dr. _____

Your Procedure Coordinator is _____ Phone: 510-444-3297 ext. _____

Your procedure is scheduled at East Bay Endosurgery Summit Hospital
 300 Frank H. Ogawa Plaza, Ste 135 350 Hawthorne Ave, 3rd Floor
 (510) 893-1600 (510) 869-6711

LATE CANCELLATION (LESS THAN 3 DAYS) FEE OF \$200 – Call your Coordinator if you need to cancel

The following instructions are your physician's specific instructions.

7 days Prior to Procedure	1 Day prior procedure	Day of Procedure
<p>Date: _____</p> <div style="text-align: center; margin-top: 20px;">  </div> <p>Please Review your prep instructions thoroughly</p> <div style="text-align: center; margin-top: 20px;">  </div> <p>Please continue all medications including aspirin. If you are taking a blood thinner please contact your Coordinator at the extension above.</p> <div style="text-align: center; margin-top: 20px;">  </div> <p>If you are on diabetic medication, please see attached sheet.</p> <div style="text-align: center; margin-top: 20px;">  </div> <p>Please arrange a driver to take you home. This needs to be a family or friend. Uber, Lyft, and taxi are only allowed if you have a family or friend accompany you. You will not receive sedation without a family or friend available to drive you home. All rides must be available by 3:30pm.</p>	<p>Date: _____</p> <div style="text-align: center; margin-top: 20px;">  </div> <p style="text-align: center; color: red; font-weight: bold;"><u>No Food After Midnight</u></p> <p style="text-align: center; margin-top: 40px;">(You will not resume eating solid food until AFTER your procedure)</p>	<p style="text-align: center; color: red; font-weight: bold;"><u>NO SOLID FOODS</u></p> <p>Clear Liquids only upon waking up in the morning.</p> <p style="text-align: center; color: red; font-weight: bold;"><u>NO RED COLOR LIQUIDS</u></p> <p>Approved: Clear sodas, black coffee, tea, clear juices, clear fitness waters, Ensure Clear, chicken broth, vegetable broth, beef broth, Gelatin, Popsicles without pulp, sorbet without pulp</p> <p>Nothing by mouth starting 2 hours prior to arrival. No Gum or hard candy.</p> <p>If you take daily medication, please take with a small sip of water 2 hours prior to arrival</p> <div style="text-align: center; margin-top: 20px;">  </div> <p style="text-align: center; font-weight: bold;">Reminders</p> <ul style="list-style-type: none"> If you use an inhaler, bring it with you to your procedure Please do not wear any jewelry and remove piercings Bring insurance cards Be prepared to pay your copay

Frequently Asked Questions

1. How long will the procedure take?

- a. At East Bay Endosurgery: Please plan to be at the center for a total of 2 hours.
- b. At Summit or Alta Bates Medical Center: Please plan to be at the hospital for 4 hours. If you are scheduled at Summit Hospital, please make sure to check in at registration first.

2. Can I take my regular medication the morning of the test?

You may take all of your regular medications with a small sip of water 2 hours before, except for those mentioned on your prep instructions – Those come with further instructions.

3. I use Paratransit for all of my medical appointments. Is this okay?

Yes, but your procedure must be scheduled before 11 am to ensure you get a ride home within business hours.

4. Can I return to work after my procedure?

IF YOU ARE SEDATED, you cannot return to work until the next day, as the sedative can take up to 6 hours to wear off. If you are NOT SEDATED, you may return to work at your convenience.

5. When can I drive?

IF YOU ARE SEDATED, you may not drive the day of the procedure as you will be under the influence of a sedative that will compromise your ability to drive. If you are NOT SEDATED, you may drive right away.

6. When may I begin taking blood thinner again after my procedure?

This information will be provided to you on your discharge forms after the procedure. The timing will vary depending on whether you have had biopsies or polyps removed.

7. How can I find out the cost of my procedure?

If you are inquiring about the facility fee:

- a. For East Bay Endosurgery Center contact our Central Billing Office at 1-866-809-1220
- b. For Summit or Alta Bates Medical Center contact the financial department at (510) 655-4000
- c. Provider Fee- You will receive a call approximately one week prior to your procedure with the estimate cost. If you do not receive a call at least 3 days before, please contact (510) 444-3297 ext. 220.