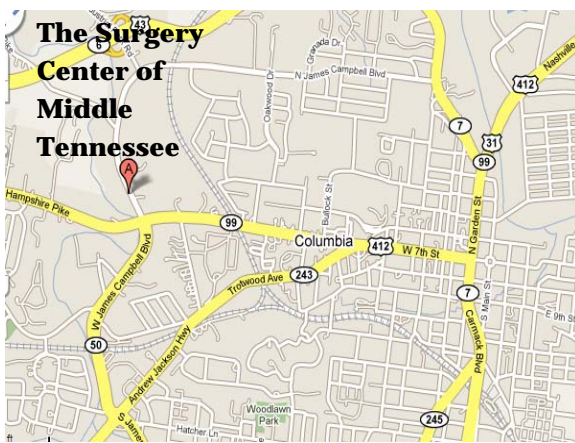


Surgery Center Hours

The Surgery Center of Middle Tennessee is open Monday through Thursday from 6 am to 5 pm and Friday 6 am to noon. Surgery is scheduled by appointment only.

Directions



◆ The Surgery Center is located just north of Route 412/99 on the west side of N. James Campbell Blvd in Columbia, TN.

◆ To receive turn by turn directions from your home, visit the centers website at www.surgerycenterofmidtn.com or call (937) 388-3488 with any questions.

Transportation

For your safety, you will not be allowed to drive a motor vehicle home after your surgery if your procedure involves a general anesthetic or other type of sedation. Please arrange for a responsible person to remain at the center during surgery, drive you home afterward and stay with you the first night following surgery.

Your appointment at The Surgery Center of Middle Tennessee is on:

Day of the week

Date _____ Time _____

Appointment times are subject to change and will be finalized the day prior to your procedure.

The Surgery Center of MD TN staff will attempt to contact you by phone prior to your scheduled surgery date to reiterate instructions and answer any questions you may have.



Cancellation Policy

If you are unable to keep your appointment, please notify the center. This greatly helps your surgeon and the Surgery Center with their daily scheduling. We appreciate your courtesy.

A Patient Information Guide to Outpatient Surgery

The Surgery Center of Middle Tennessee



1050 North James Campbell Blvd
Columbia, TN 38401

Phone: (931) 388-3488

Fax (931) 388-1859

www.surgerycenterofmidtn.com

Welcome to The Surgery Center of Middle Tennessee. Your surgeon has scheduled your upcoming procedure at our facility. We strive to exceed your expectations.

The Surgery Center of Middle Tennessee is a state-of-the-art ambulatory surgery center where surgeons perform Orthopedic, Pain Management and Ophthalmology procedures.

Day surgery at The Surgery Center offers you easy access, reduced costs and efficient, personalized care. Our warm, comfortable outpatient setting allows you to return to the comfort of home on the same day.

A pre-operative tour of the facility is available.

Our center offers a safe, convenient, high-quality alternative to inpatient hospitalization and is fully certified and licensed by the State of Tennessee, the federal Medicare program and AAAHC.

Before Your Surgery

Laboratory

Lab work, X-Rays and EKGs that may be needed for your surgery must be performed far enough in advance of your procedure that your surgeon has time to obtain the results. Your doctor's office will provide you with instructions. Women of child bearing age (without permanent sterilization) will be asked to provide a urine sample the morning of surgery.

Confirmation

Please visit the center prior to your surgery date to confirm your appointment, complete a pre-operative questionnaire and answer any questions. If you are unable to attend or the center is closed please call the center at least one week prior to your procedure.

If the Patient is a Child, Please Remember:

- One or both parents or guardians must remain at the center while the child is at our facility.
- A parent or guardian must sign the release permits for surgery if the child is under 18.
- Guardians must bring written proof of guardianship.

Preparing for Surgery

Please talk to your surgeon about any daily medications you are currently taking, especially for heart, diabetes, blood pressure problems or weight control. Bring a complete list of medications and dosages for your pre-op screening. Be sure to mention any over-the-counter drugs such as aspirin, Bufferin, Nuprin, Advil or Motrin as well as any herbal supplements. The pre-op nurse will instruct you on what medications are required prior to surgery.

The Night Before Surgery

- For your safety, you must not eat or drink ANYTHING after midnight unless your physician instructs otherwise. This includes gum, candy and prescription medications, unless ordered by your surgeon.
- Bathe or shower the night before and the morning of surgery to minimize the chance of infection.
- Refrain from smoking after midnight.
- **Contact your surgeon if you are unable to keep your scheduled appointment or if there are any changes in your health status like a cough or fever.**

The Day of Surgery

- Arrive at the time instructed prior to your scheduled procedure to complete registration forms and have any questions answered by one of our nurses.
- Bring your insurance card, claim forms, your co-payment, if required and a picture ID.
- **Leave all jewelry and valuables at home. The center is not responsible for lost valuables.**
- Arrange for cash or a check to be held by friends or family waiting for you in case a prescription needs to be filled before you are discharged.
- Please leave children not having surgery at home.
- Arrange for the care of your children for 24 hours following surgery as you could feel drowsy for that period of time.
- Do not wear make-up or contact lenses.
- Please bring a list of medications and doses that you are taking.
- Please bring any requested forms from your surgeon.

The Procedure

Anesthesia

Anesthesia services are provided by physicians highly qualified in all aspects of outpatient anesthesia. Your anesthesiologist will evaluate you prior to your procedure and answer any questions you may have. Be sure to tell your anesthesiologist about any medications you are taking, including over-the-counter or herbal supplements.

Recovery

Immediately following surgery, you will be taken to our fully-equipped recovery room where your vital signs will be closely monitored by our specially trained nurses. The amount of time you spend in recovery will depend on the type of anesthesia you have had. Patients may spend between 30 minutes to 2 hours in recovery. Your surgeon and your anesthesiologist will answer any questions you may have about your recovery time.

After Surgery

For your safety and well being, you will not be allowed to drive a motor vehicle home after your surgery if your procedure involves a general anesthetic or other type of sedation. You must have an adult friend or family member drive you home after surgery. **WE CANNOT PERMIT YOU TO LEAVE UNESCORTED OR WITH PUBLIC TRANSPORTATION SUCH AS A TAXI CAB.**

Our medical staff will discharge you when they are assured you are in stable condition, however, you may feel slightly sleepy, dizzy or nauseated. These are all possible but normal side effects of anesthesia can last for an additional 12—24 hours.

At Home After Surgery

We suggest you eat lightly for the first 24 hours following your procedure. Be sure to closely follow any post-operative instructions that your surgeon gives you regarding diet, rest and medication. You will be provided with a written copy of these instructions to take home. A member of our staff will call you the day after surgery to see how you are recuperating.

Because of the potential after-effects of anesthesia, you should wait 24 hours after returning home before performing any of the following:

- Driving or operating equipment
- Signing important papers
- Making significant decisions

Medical Insurance and Fees

The Outpatient Surgery Center accepts most major insurance and managed care plans. Please check with your insurance company regarding any pre-admission or pre-certification guidelines that may be required.

The Surgery Center of Middle Tennessee will bill your insurance carrier as a courtesy. You are responsible for any co-payment or co-insurance amounts per your benefit plan design. We accept cash, check money orders and credit cards (Visa, MC, AMEX and Discover).

Please be aware that you will receive separate bills from your surgeon, your anesthesiologist and for any other professional services you receive while at the center.

Questions?

Please feel free to call us directly regarding any questions you may have about the center, your procedure or any financial matters.