

Read this entire packet at least 5 days prior to procedure
Keep this sheet for your records
Pre-Procedure Colonoscopy Instructions

*****In order to protect your identity we ask that you bring a valid picture ID and your insurance card with you to your visit*****

******Cancellation Policy:** Due to scheduling of procedures, our office requires at least **48 hours Advanced Notice** for procedure cancellation. If you neglect to give us 48 hours notice, you may be charged a fee of \$100 to cover administrative costs. You will not be rescheduled after 2 (two) missed procedure appointments****

You will be informed of which location you are scheduled at when you make your appointment – Emerson Hospital or Middlesex Endoscopy Center. If you are scheduled at Emerson Hospital, please call to pre-register at: 978-287-3062.

If you have an insurance plan that require a referral from your primary care physician, please obtain a referral immediately after scheduling your appointment and have it sent to our office. Failure to comply may result in cancellation of your procedure. We require a 48 hour notice of cancellations. Please note our cancellation policy above.

Your prescription for the electrolyte prep will be called in to your pharmacy. **Call our office 5 days prior to your procedure so that the prep can be called into your pharmacy**

A Colonoscopy is a diagnostic procedure in which a flexible, lighted tube is inserted into the large intestine (colon) enabling the physician to examine its interior lining. Biopsies and the removal of polyps can be performed during the procedure. Every effort will be made to keep you comfortable during the procedure through the intravenous administration of a narcotic and/or sedative.

You are not allowed to drive a vehicle or take a cab unattended by an adult after your procedure.

YOU MUST HAVE AN ADULT PRESENT TO DRIVE YOU HOME/ NO TAXI'S OR UBER'S and it is recommended that someone stay with you for up to 12 hours after your procedure as you will be drowsy and may have some degree of recent memory loss. You are considered impaired until the next day following sedation. Do not plan any activities which require critical thinking.

*****Plan on being with us for 1.5 hours. Your ride must be available at all times*****

*****If you do not have a confirmed individual to drive you home, your procedure will be cancelled*****

Call our office at 978-429-2000 for specific instruction if you:

- Presently take any blood thinners such as Coumadin (Warfarin) or Plavix WITH a 325mg Aspirin.
- Require antibiotics prior to medical procedures due to cardiac stent placement in the past 12 months, or Cardiac Valve Replacement
- Are a medication dependent diabetic

Failure to contact our office may result in delay or cancellation of your procedure.

Five Days prior to Procedure:

- If you are on 81 mg Aspirin prescribed by a physician please STAY on this medication.
- If you are taking Plavix by itself OR Aspirin (325mg) by itself it is OK to stay on this medication.
- Stop all Multivitamins, iron, vitamin E and calcium
- STOP all other Aspirin and/or NSAIDs (non-steroidal anti-inflammatories) such as Advil, Motrin, Nuprin, and Aleve.
 - Tylenol may be taken for discomfort.

Day of Procedure: Take all heart and blood pressure medications with a sip of water

CHECKING IN FOR YOUR PROCEDURE

When you arrive to the Endoscopy Center, check in with the receptionist who will verify your personal information and any insurance updates, along with signing the facility's consent forms. You will also be asked to provide us with the name and telephone number of a responsible adult to drive you home. **You are not allowed to drive yourself. You are not allowed to take a cab home unless accompanied by a responsible adult**

PRE PROCEDURE PREPARATION

A nurse will take you into the endoscopy admission area to review your medical history and current medications. You will be asked to change into a gown for the procedure. Your vital signs will be taken and recorded. An intravenous (IV) catheter will be placed. This will allow us to administer IV medications as needed during your procedure. Your doctor will speak with you about the procedure, explain the risks and benefits, and ask you to sign an additional consent form giving us permission to administer anesthesia during your procedure.

(OVER) Reviewed 08/15/18