

Patient: \_\_\_\_\_

Doctor: \_\_\_\_\_

Date of procedure: \_\_\_\_\_

Arrival time for procedure: \_\_\_\_\_

Endoscopy Center, 1st Floor  
1825 Rt 23 S Wayne, NJChilton Hospital Access Center  
97 W Parkway Pequannock, NJWayne Surgical Center  
1176 Hamburg Tpke Wayne, NJ

Latex allergy: Y or N

Diabetes: Y or N

Pacemaker: Y or N

Defibrillator: Y or N

**DIET:** No iron supplement, seeds, nuts, corn, popcorn, tomatoes, cucumbers, quinoa or salad for three days before the procedure.**PREPARATION:** Please obtain the following items from your pharmacy before the procedure:

1. Two (2) **Bisacodyl** tablets – 5 mg each (over the counter).
2. **MoviPrep** kit (by prescription only).

**ON THE DAY BEFORE THE PROCEDURE:**

1. **Before 10 am.**, you may have a light breakfast. This can include cereal, breads, and milk products, but cannot include fresh fruits, vegetables, salad or meats.
2. **After 10 a.m.**, only clear liquids can be consumed. Clear liquids are as follows:
 

Water	Clear juices (apple, white grape, not red)	Italian ices (not red)
Bouillon (beef or chicken)	Tea (regular, decaf, herbal)	Jell-O (not red)
7-Up, ginger ale, seltzer	Black coffee	Gatorade (not red)
3. **At 5 p.m.**, take the two 5 mg Bisacodyl tablets with water.
4. **At 6 p.m.** start MoviPrep; **Please make sure to follow the instructions below—they are slightly different than the instructions given on the MoviPrep box.** Empty 1 pouch A and 1 pouch B into the disposable container, add water to the top line of the container. Mix to dissolve. The MoviPrep container is divided by 4 marks. Drink a glass (about 8 ounces) every 10 to 15 minutes until the bottle is empty. Bowel movements may begin to occur about one hour after the first glass of solution and may continue two to four hours after you finish the last glass. ***It is more easily tolerated if chilled and taken with a straw. Feelings of bloating, nausea or chills are common after the first few glasses. This is temporary and will decrease once bowel movements begin. If the nausea worsens, stop drinking the solution for 30 minutes, then resume drinking every 15 minutes as before. (NOTE: The flavor packets are colorless and will not add color to the preparation).***

**ON THE DAY OF THE PROCEDURE:**

1. **Six** hours prior to the procedure repeat the MoviPrep step above: Empty 1 pouch A and 1 pouch B into the disposable container, add water to the top line of the container. Mix to dissolve. The MoviPrep container is divided by 4 marks. Drink a glass (about 8 ounces) every 10 to 15 minutes until the bottle is empty.
2. Following the prep, you should expect to have clear yellow fluid passing into the toilet.
3. Wear loose, comfortable clothing. Bring your glasses (if necessary). Do not bring valuables such as jewelry with you. The endoscopy facility cannot be responsible for your belongings.
4. After the procedure, you must not drive, work or do anything that could result in injury.
5. **YOU MUST HAVE A RIDE HOME OR THE PROCEDURE WILL BE CANCELLED!** Your ride should be available 1 ½ hours after you are dropped off for your procedure.

**You must finish taking all liquid (PREP AND WATER) at least 5 hours prior to scheduled arrival time or your procedure will be delayed.**

**\*\*\*\*DO NOT CONSUME ANYTHING ELSE BY MOUTH-NOT EVEN WATER.\*\*\*\***

**ADDITIONAL INFORMATION:**

**If you take Coumadin, Pradaxa, Eliquis, Xarelto, Effient, Plavix, Ticlid or other *blood thinners/anticoagulants* make sure you have discussed this with your physician.**

1. If you take blood pressure pills, pills for your heart, seizure medications or Parkinson's medications, take them as usual with small sips of water.
2. If you take aspirin, Advil, Motrin or any other *anti-inflammatory/arthritis pills* make sure you have discussed this with your physician. Tylenol is okay.

Please call if you have any questions.