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Magnesium Citrate Prep

You will need to purchase:

two bottles of Magnesium Citrate (no cherry) and four Dulcolax tablets.

The day prior to procedure

Clear Liquid diet all day. Clear liquids are: tea or coffee (no milk or creamer), broth, apple juice, white cranberry juice, 7 up, ginger ale and water. You may also have Gatorade, popsicles and Jell-O, just remember no red or purple.

- Noon: Drink one bottle of chilled Magnesium Citrate (no cherry).
-Follow with 16 oz of clear liquids.
- 2 p.m.: Take two Dulcolax tablets with 8 oz of water.
- 6 p.m.: Drink one bottle of chilled Magnesium Citrate (no cherry).
-Follow with 16 oz of clear liquids.
- 8 p.m.: Take two Dulcolax tablets with 8 oz of water.
- Nothing to eat or drink after midnight.

If you need to cancel, reschedule or have questions regarding the prep, please call the office at 574-234-0049.