

MGI Michiana Gastroenterology Inc.

Telephone: (574) 234-0049

Fax: (574) 234-0053

www.michianagastro.com

Upper Endoscopy Instructions

Please be aware, there could be multiple separate charges for this procedure. One charge for the Facility and one for the Doctor. Possible charges for anesthesia and pathology.

Procedure Checklist – Read Today

- _____ Please check with your insurance company to see if outpatient pre-certification is necessary.
- _____ Someone to stay with you during the procedure and to drive you home after the procedure. You cannot take a cab home alone.
- _____ Bring your insurance card(s), photo identification, and all of your medication bottles to the hospital and/or Endoscopy Center.
- _____ Co-Pay if indicated.
- _____ If you have not been a patient at the Michiana Endoscopy Center, please complete the new patient form and bring it with you on scheduled procedure date.
- _____ **YOU MAY DRINK CLEAR LIQUIDS UP TO 3 HOURS BEFORE YOUR EXAMINATION.**

Clear liquids and juices Allowed: Water – Apple Juice – White Grape Juice – White Cranberry Juice – Lemonade (no pulp) - Bouillon (Beef, Chicken or Vegetable) – Plain Jell-O – Gatorade - Popsicles – Italian ice – Tea – Coffee (NO MILK OR CREAMER) – Carbonated Beverages (Sprite, 7Up, Sierra Mist, Ginger Ale)
- _____ Follow printed instructions on the back of this page.

UPPER GASTROINTESTINAL ENDOSCOPY

*****PLEASE READ TODAY*****

Day Before Examination

1. No solid food after midnight.

Medications on Day of Procedure

1. Insulin dosage as directed by family physician. No oral blood sugar medication the morning of your exam. If you are diabetic, please check your blood sugar prior to arrival.
2. Please inform the nurse if you are allergic to any medications, have latex allergies, are diabetic or have had heart surgery.
3. The IV medications used to sedate you for the procedure are Fentanyl Citrate and Versed. Please let the doctor or nurse know if there has been a problem with either medication in the past. The sedation will make you forgetful; it is strongly recommended someone be with you after the procedure to talk with the doctor.
4. May take other daily routine medication

Day of Examination

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3. REMINDER: You must be accompanied by a driver because you will be sedated for the procedure. Do not plan to return to work, operate heavy machinery, drive an automobile, or make any important decisions the rest of the day.
4. If you wear dentures, do not use adhesive.

Phone Numbers if there are questions:

Michiana Gastroenterology, Inc.	(574) 234-0049
Michiana Endoscopy Center	(574) 271-0893 or 1-866-669-8743 (toll free)
Hours of operation	Monday – Thursday 5:45am – 5:00 pm
	Friday 5:45am – 4:00pm
St. Joseph Regional Medical Center	(574) 335-5000 8am – 4pm
Memorial Hospital	(574) 647-6700 8am – 4pm
LaPorte Surgical Center	(219) 324-1670

IN CASE OF AN EMERGENCY, GO TO THE HOSPITAL EMERGENCY ROOM!