

GASTROINTESTINAL DIAGNOSTIC CENTER
4660 WILKENS AVENUE, SUITE 302
BALTIMORE, MARYLAND 21229
410-242-3636
www.gibaltimore.com

410-247-7500
x207 Julia

COLONOSCOPY

DATE: _____

ARRIVAL TIME: _____ APPOINTMENT TIME: _____

GENERAL INSTRUCTIONS:

This procedure will be performed at the GastroIntestinal Diagnostic Center (GIDC), 4660 Wilkens Avenue, Suite 302. A colonoscopy takes approximately 20-30 minutes. You will then be taken to the recovery room, where you will remain approximately 1 hour.

You will be sedated for this procedure and will not be allowed to drive home or Return to work after the procedure. Please arrange for a responsible adult to transport you to and from the Center. YOUR PROCEDURE WILL BE CANCELLED IF YOU DO NOT HAVE A RESPONSIBLE ADULT WITH YOU.

MEDICATIONS:

1. If you are taking iron medications discontinue 10 days prior to preparation.
2. If you are taking aspirin, or aspirin containing medications, discontinue 7 days prior to preparation.
3. Arthritic medications should be discontinued 4 days prior to preparation.
4. If you are taking Metamucil, Citrucel, Colace, Pericolace, or a similar product, discontinue 2 days prior to preparation.
5. If you are **Diabetic**, please discuss your medication with your physician. Take ½ dose of _____ the day before procedure, none the morning of procedure.
6. If you are taking antibiotics, you may continue as instructed.
7. Coumadin or other blood thinners may be stopped for several days prior to the procedure. Please discuss this with your physician.
8. Do not take any tranquilizers on the morning of the procedure, because you will have sedation.
9. If you are taking medication for your heart, you may take your medication with 4 oz. of water the morning of your procedure.
10. If you are taking medication for high blood pressure, please discuss this with your physician.
11. Please notify your physician if you are unable to complete your preparation for this procedure.

STOP: _____ prior to procedure.