



Stacey
410-247-7500

COLONOSCOPY (Osmoprep)

Your Colonoscopy is scheduled for: _____

You need to arrive at the endoscopy center at: _____ am/pm

LOCATION:
GIDC
700 Geipe Road
Suite 220
Catonsville, MD 21228
410-242-3636

******Please inform the doctor if you are diabetic or taking blood thinners. Failure to do so can result in cancellation of the procedure*******

To prepare for this procedure:

You will be given a prescription to be filled at your pharmacy

7 days before your procedure **stop** taking aspirin or aspirin containing medications (including Advil and Motrin), iron, and vitamin E supplements. A daily multivitamin is fine. Tylenol is recommended for pain during this time.

3 days before your procedure stop fiber supplements. If you are taking blood thinners such as Coumadin or Plavix stop them at least 3 days before

Do not take diabetic medications the night before or morning of the procedure

The day before your procedure on _____ you may have a light breakfast before 8 am.

After breakfast, start a clear liquid diet.

Avoid Red Orange and Purple food coloring, No solid foods, No Milk or Milk products.

Clear Liquids

Water	Apple Juice	Italian Ice
Clear Broth or Bouillon	Powdered lemonade	Pulp free Orange juice
Coffee or tea (no cream)	Plain Jell-O	
White Grape Juice	Gatorade	
Clear Soft Drinks	Popsicles	

On _____

Use the table below to track your dosing regimens

- 5:00 pm 4 Osmoprep tablets with at least 8oz of water or clear liquid
- 5:15 pm 4 Osmoprep tablets with at least 8oz of water or clear liquid
- 5:30 pm 4 Osmoprep tablets with at least 8oz of water or clear liquid
- 5:45 pm 4 Osmoprep tablets with at least 8oz of water or clear liquid
- 6:00 pm 4 Osmoprep tablets with at least 8oz of water or clear liquid
- 6:15 pm 4 Osmoprep tablets with at least 8oz of water or clear liquid

The Morning of the procedure on _____

- 4:00 am 4 Osmoprep tablets with at least 8oz of water or clear liquid
- 4:15 am 4 Osmoprep tablets with at least 8oz of water or clear liquid

Please do not take any medication the morning of your procedure

Upon arriving at the Endoscopy center you will receive IV sedation, therefore you will need to arrange for a responsible adult to take you home. The center will not release you to a transportation service or a taxi cab.

SOME FACTS ABOUT COLONOSCOPIES

To perform this test the doctor uses a lighted, flexible tube to carefully visualize your entire colon. The procedure is performed under sedation. The doctor may take photographs and biopsies to diagnose and or remove polyps from your colon.

Alcohol of any kind is NOT considered a clear liquid.

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