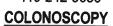
# GASTROINTESTINAL DIAGNOSTIC CENTER 700 GEIPE ROAD, SUITE 220 CATONSVILLE, MD 21228 410-242-3636



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/	410-247-7500	1
	X207 Jessica	
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DATE:				
ARRIV	AL TIME: APPOINTMENT TIME:			
GENERAL INSTRUCTIONS:				
	This procedure will be performed at the Gastrointestinal Diagnostic Center (GIDC), 700 Geipe Suite 220. A colonoscopy takes approximately 20-30 minutes. You will then be taken to the y room, where you will remain approximately 1 hour.			
You will be sedated for this procedure and will not be allowed to drive home or return to work after the procedure. Please arrange for a responsible adult to transport you to and from the center.  YOUR PROCEDURE WILL BE CANCELLED IF YOU DO NOT HAVE A RESPONSIBLE ADULT WITH YOU.				
MEDICA	ATIONS:			
2. 3. 4. 5. 6. 7. 8. 9.	If you are taking iron medications discontinue 10 days prior to preparation.  If you are taking aspirin, or aspirin containing medications, discontinue 7 days prior to preparation.  Arthritic medications should be discontinued 4 days prior to preparation.  If you are taking Metamucil, Colace, Pericolace, or a similar product, discontinue 2 days prior to preparation.  If you are Diabetic, please discuss your medication with your physician.  Take ½ dose of the day before your procedure, and none the morning of your procedure.  If you are taking antibiotics, you may continue as instructed.  Coumadin or other blood thinners may be stopped for several days prior to the procedure. Please discuss this with your physician.  Do not take any tranquilizers on the morning of your procedure, because you will have sedation. If you are taking medication for your heart, you may take your medication with 4 oz. of water the morning of your procedure.  If you are taking medication for high blood pressure, please discuss this with your physician. Please notify your physician if you are unable to complete your preparation for this procedure.			
STOP:	prior to your procedure.			

#### **OSMOPREP INSTRUCTIONS**

### Purchase 4 Dulcolax Tablets OTC (Laxative)

# START DRINKING EXTRA WATER THREE DAYS PRIOR TO YOUR PREP DAY

On Oatmeal, Ci	You may have a light breakfast such as: Cereal, am of Wheat, or a Scrambled Egg. YOU WILL THEN BE ON CLEAR LIQUIDS!!				
The day bef	ore your procedure is quid diet the entire day. NO SOLID FO	you will be			
BEGIN YOU	JR PREP AT:				
6:00PM	Take 4 Osmoprep Tablets with 8oz	. of any clear liquid.			
6:15PM	Take 4 Osmoprep Tablets with 8oz. of any clear liquid.				
6:30PM	Take 4 Osmoprep Tablets with 8oz. of any clear liquid.				
6:45PM	Take 4 Osmoprep Tablets with 8oz. of any clear liquid.				
7:00PM	Take 4 Osmoprep Tablets with 8oz. of any clear liquid.				
8:00PM	Take <u>4 Dulcolax</u> Tablets with 8oz.	of any clear liquid.			
The morning of your procedure					
5:00AM	Take 4 Osmoprep Tablets with 8oz.	of any clear liquid			
5:15AM	Take 4 Osmoprep Tablets with 8oz	of any clear liquid.			
**You may co	ontinue to drink clear liquids until	the morning of your procedure.			
Clear Liquids					
Water		Apple Juice			
Clear Broth or Bouillon		Powdered Lemonade			
Coffee or Tea (Sweetened, Black)		Jello (Lemon or Lime)			
White Grape Juice		Gatorade			
Clear Soft Drinks		Lemon Italian Ice			

DO NOT DRINK ANYTHING THAT IS RED, ORANGE OR PURPLE!!!

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