

High Resolution Anoscopy
REMINDER

Procedure: High Resolution Anoscopy

Physician: Jessica Korman, MD

Appt Date: _____

◇AM

Time: _____ ◇PM

Location: Endoscopy Center of Washington DC
2021 K St, Suite T-115
Washington DC 20006
(202) 775-8692

Important Reminder: You will be receiving sedation for your High Resolution Anoscopy. Regulatory policy requires that you **MUST** arrange transportation home with an adult. We cannot allow you to leave unattended, even in a taxi. Failure to adhere to this policy might require that your High Resolution Anoscopy will be cancelled or require withholding of sedation during your exam. If you cannot arrange transportation, your scheduler can give you a list of licensed transportation services.

For any questions or rescheduling
please call:
Monday - Friday
8:30 A.M. – 4:30 P.M.
240-737-0085

For urgent after-hours questions or
to reach the on-call doctor:
1-877-722-7098

CANCELLATION POLICY

Cancellations for non-medical reasons **MUST** be made 1 week in advance of the schedule High Resolution Anoscopy date. If you cancel within one (1) week of the High Resolution Anoscopy, you will be charged \$150. This cancellation fee will not be covered by your insurance and will be your responsibility. You will need to pay this charge prior to rescheduling your High Resolution Anoscopy.

Last minute cancellations for medical and personal emergencies (death or illness within your family) will not incur a penalty fee, but must be discussed with the doctor scheduled to perform your procedure. We will work with you to help get the High Resolution Anoscopy accomplished when possible. Please let us know if you have any questions.



METROPOLITAN
GASTROENTEROLOGY
GROUP

**INFORMATION YOU NEED
TO KNOW FOR YOUR
HIGH RESOLUTION
ANOSCOPY**

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HIGH RESOLUTION ANOSCOPY (HRA)

HRA is a procedure where a clear, thin, round tube called an anoscope is inserted into your anal canal. A wooden Q-tip, soaked in vinegar is inserted through the anoscope and left in the canal for about 1 minute. The swab is then removed and the anoscope is reinserted to look inside the anal canal with a microscope. Brushing an iodine solution and sometimes more vinegar helps to detect abnormalities. If we find a suspicious area, we will take a biopsy and often more than one. The biopsies will be sent to the pathologist to be looked at under the microscope. We will know whether these areas are precancerous or warts that would require further treatment. High Resolution Anoscopy does not test or look for colon or rectal cancer. If your procedure is being done to treat warts or an area of abnormal tissue, these areas will be treated with a laser. The procedure can take anywhere from 10-40 minutes.

Is High Resolution Anoscopy Safe?

While complications resulting from this procedure are rare, they may occur. Possible complications include allergic reaction to the medications used for anesthesia, injected into the skin or on the skin, bleeding, pain, infection, and missed lesions.

How long is my High Resolution Anoscopy going to take?

From admission to discharge, it takes approximately 2 ½ hours. Please arrange to have someone transport you home as you will still be sleepy and will not be allowed to drive or leave the endoscopy center by yourself.

Does my ride need to come into the Endoscopy Center to pick me up?

Yes, you MUST have someone with you to check you out when you are released from the recovery area.

What do I do after the High Resolution Anoscopy?

Your doctor will instruct you on any follow up that is needed before you are discharged from the Endoscopy Center. After you return home, you may resume your normal diet. You may be tired from the medication, so take it easy that day.

PREPARATION FOR YOUR HIGH RESOLUTION ANOSCOPY

One day before the procedure:

- Do not have receptive anal sex.
- Do not put any creams or medications into your anus.
- Do not insert toys, fingers or other objects in your anus.
- Do not douche or use enemas.
- There are no restrictions on food or drink.

The Day of your High Resolution Anoscopy:

- Come as you are! Please do not douche or use enemas- this can actually make it too difficult to see and we may not be able to do the procedure.
- You may consider moving your bowels before coming to the endoscopy center or just before the procedure to empty your rectum if needed.
- Eight (8) hours before the High Resolution Anoscopy, **no solid foods.**

You may continue drinking clear liquids up until 3 hours before your procedure....

Examples of clear liquids:

- Regular or Diet Ginger Ale, Sprite or 7-Up (no cherry flavor)
- Water
- Apple juice
- Gatorade (not orange, red or purple)
- Popsicles (not orange, red or purple)
- Chicken or vegetable broth
- Yellow or Green Jell-O
- Tea (without milk or cream substitute)
- White grape juice
- Lemonade (not the pink lemonade and no pulp)

After that, NOTHING BY MOUTH. This means NO liquids or solids for three hours before your High Resolution Anoscopy.

You may brush your teeth and gargle in the morning as well as take your medications with little sips of water.

REGARDING MEDICATIONS

If you take prescription medications on a routine basis, especially diabetes medications or anticoagulants such as Coumadin/warfarin, aspirin or Plavix, you should check with the doctor performing your procedure AND your Primary Care Physician prior to your High Resolution Anoscopy as to how they should be adjusted. All other medications should be taken normally.

BILLING INFORMATION FOR YOUR HIGH RESOLUTION ANOSCOPY (HRA)

You will receive at least two (2) billing statements for your High Resolution Anoscopy; one from your doctor and one from the endoscopy center.

If the High Resolution Anoscopy included a biopsy, you will receive a third bill, and if an anesthesiologist participated in your procedure, a fourth bill.

Your insurance company will be billed separately for all such charges. You will continue to receive monthly statements while your insurance company processes your claim(s).

Please make arrangements with us to pay the portion of your bill that is NOT covered by your insurance.

For billing questions, please call 240-485-5200 and press option 2

For questions about the anesthesia bill, contact the number listed on that statement.

For questions about the pathology bill, contact Capital Digestive Care Laboratory Services 240-485-5200.