

**HIGH RESOLUTION
ANOSCOPY
REMINDER**

Procedure:

High Resolution Anoscopy

Physician: Jessica Korman, MD

Appt. Date:

Time:

- AM
 PM

Location:
Endoscopy Center of
Washington, DC
2021 K St, Suite T-115
Washington, DC 20006
202-775-8692

**For any questions or
rescheduling please call:**
Monday - Friday
8:30 A.M. - 4:30 P.M.
240-737-0085

**For urgent after-hours
questions or to reach
the on-call doctor:**
1-877-722-7098

CANCELLATION POLICY

Cancellations for non-medical reasons MUST be made 1 week in advance of the scheduled High Resolution Anoscopy date. If you cancel within one (1) week of the High Resolution Anoscopy, you will be charged \$150. This cancellation fee will not be covered by your insurance and will be your responsibility. You will need to pay this charge prior to rescheduling your High Resolution Anoscopy.

Last minute cancellations for medical and personal emergencies (death or illness within your family) will not incur a penalty fee, but must be discussed with the doctor scheduled to perform your procedure. We will work with you to help get the High Resolution Anoscopy accomplished when possible. Please let us know if you have any questions.



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**INFORMATION YOU NEED
TO KNOW FOR YOUR
UNSEDATED
HIGH RESOLUTION
ANOSCOPY**

Endoscopy Center of Washington, DC
2021 K St., Suite T-115
Washington, DC 20006 (202) 775-8692

HIGH RESOLUTION ANOSCOPY (HRA)

HRA is a procedure where a clear, thin, round tube called an anoscope is inserted into your anal canal. A wooden Q-tip, soaked in vinegar is inserted through the anoscope and left in the canal for about 1 minute. The swab is then removed and the anoscope is reinserted to look inside the anal canal with a microscope. Brushing an iodine solution and sometimes more vinegar helps to detect abnormalities. If we find a suspicious area, we will take a biopsy and often more than one. The biopsies will be sent to the pathologist to be looked at under the microscope. We will know whether these areas are precancerous or warts that would require further treatment High Resolution Anoscopy does not test or look for colon or rectal cancer. If your procedure is being done to treat warts or an area of abnormal tissue, these areas will be treated with a laser. The procedure can take anywhere from 10-40 minutes.

Is High Resolution Anoscopy Safe?

While complications resulting from this procedure are rare, they may occur. Possible complications include allergic reaction to the medications injected into the skin or on the skin, bleeding, pain, infection, and missed lesions.

How long is my High Resolution Anoscopy going to take?

From admission to discharge, it takes approximately 45 minutes.

What do I do after the High Resolution Anoscopy?

Your doctor will instruct you on any follow up that is needed before you are discharged from the Endoscopy Center. After you return home, you may resume your normal diet.

PREPARATION FOR YOUR HIGH RESOLUTION ANOSCOPY

One day before the procedure:

- Do not have receptive anal sex.
- Do not put any creams or medications into your anus.
- Do not insert toys, fingers or other objects in your anus.
- Do not douche or use enemas.
- There are no restrictions on food or drink.

The Day of your High Resolution Anoscopy:

- Come as you are! Please do not douche or use enemas - this can actually make it too difficult to see and we may not be able to do the procedure.
- You may consider moving your bowels before coming to the endoscopy center or just before the procedure to empty your rectum if needed.

REGARDING MEDICATIONS

If you take prescription medications on a routine basis, especially diabetes medications or anticoagulants such as Coumadin/warfarin, aspirin or Plavix, you should check with the doctor performing your procedure AND your Primary Care Physician prior to your High Resolution Anoscopy as to how they should be adjusted.

All other medications should be taken normally.

BILLING INFORMATION FOR YOUR HIGH RESOLUTION ANOSCOPY (HRA)

You will receive at least two (2) billing statements for your High Resolution Anoscopy; one from your doctor and one from the endoscopy center.

If the High Resolution Anoscopy included a biopsy, you will receive a third bill.

Your insurance company will be billed separately for all such charges. You will continue to receive monthly statements while your insurance company processes your claim(s).

Please make arrangements with us to pay the portion of your bill that is NOT covered by your insurance.

For billing questions, please call 240-485-5200 and press option 2. For questions about the pathology bill, contact Capital Digestive Care Laboratory Services 240-485-5200.