

DIGESTIVE MEDICINE ASSOCIATES, LLP

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MIRALAX COLONOSCOPY INSTRUCTIONS

DAY BEFORE PROCEDURE:

Clear liquids diet **ONLY** all day for breakfast, lunch and dinner. Clear liquids include: Apple/Grape Juice, Sprite, Gatorade, Chicken Broth, Jello (no red coloring) & Tea.

1. At 3:00 pm take (2) Dulcolax/bisacodyl tablets with water (5 mg each, buy over the counter)
2. At 6:00 pm MIX 1 bottle of 8.3oz Miralax(polyethylene glycol 3350, Smoothlax, Clearlax) with 64 oz Gatorade bottle(white, yellow, or light blue)
3. Drink 1 (8oz) glass every 15 minutes. Drink each glass quickly rather than drinking small amount continuously. Be sure to drink ALL of the solution. After drinking solution, continue drinking clear liquids until you go to sleep.
4. Do **NOT** take medication for Diabetes the night before or morning of the procedure.
5. If you are on Antihypertensive / Blood Pressure medication, you **SHOULD** continue to take them as usual with a sip of water.

DAY OF PROCEDURE:

1. 3 HOURS before the procedure drink 1 - 10 oz clear bottle of Magnesium Citrate.
2. DO **NOT** EAT today. Only clear liquids up to 3 hours before the procedure.
3. If you are on Antihypertensive / Blood Pressure medication, you **SHOULD** continue to take them as usual with a sip of water the day of the procedure.

APPOINTMENT LOCATION:

- A) Palmetto Surgery Center: 2140 W. 68th Street, Suite 102, 305-512-8220 (PRIOR TO APPOINTMENT YOU MUST REPORT TO SUITE 101)
- B) Bayside Ambulatory Center: 3641 South Miami Avenue, 305-854-3636
- C) Westchester Hospital: 2500 SW 75th Avenue, 305-264-5252
- D) Palm Springs General Hospital: 1475 W. 49th St., 305-558-2500
- E) Mercy Hospital: 3663 South Miami Avenue, 305-854-4400
- F) University of Miami Hospital: 1400 NW 12th Avenue, 305-325-5511
- G) Baptist Hospital: 8900 North Kendall Drive, 786-596-1960.

Appointment Date: _____ Appointment Time: _____

Your physician has recommended further procedures, diagnostic testing or labs. Your physician advises these services be completed in no more than three weeks and that you have an opportunity to review the clinical findings and discuss your treatment plan with your physician. If you are unable to keep your appointments you must let your physician know.

MAKE SURE TO ARRANGE TRANSPORTATION FOR AFTER YOUR PROCEDURE. YOU SHOULD NOT DRIVE ANY VEHICLE FOR 24 HOURS FOLLOWING THE PROCEDURE DUE TO THE SEDATION YOU RECEIVED.

COPAYS AND/OR DEDUCTIBLES ARE TO BE PAID IN FULL 72 HOURS PRIOR TO YOUR PROCEDURE:

**Be aware that TWO SEPARATE charges may be collected prior to your procedure: Physician AND/OR Facility
If you need to cancel your appointment please call at least 72 hours prior to the date of your procedure or you
will be charged a \$100.00 fee.**

**It is important that you show up for your procedure as the possibility of a cancer might be missed if you do
not show up.**

Physician Financial Interest and Ownership:

The center is owned, in part, by the physicians. The physician(s) who referred you to this center and who will be performing your procedure(s) may have a financial and ownership interest. Patients have the right to be treated at another health care facility of their choice. We are making this disclosure in accordance with federal regulations.