INSTRUCTIONS FOR HALFLYTELY

STEP 1. AT 1 PM THE DAY BEFORE YOUR PROCEDURE TAKE THE 1 TABLET

- **Take the bisacodyl tablet with water.**

  Do NOT chew or crush.

  Do not take the bisacodyl tablet within 1 hour of taking an antacid (for example Tums, Zantac, Pepcid, Tagamet, Prilosec (Omeprazole), Zegerid, Nexium, Aciphex, Protonix or Dexilant)

  A bowel movement will likely occur in 1 to 6 hours. Even if a bowel movement occurs wait 6 hours to begin to drink the solution.

STEP 2. MIX SOLUTION

- **Add lukewarm drinking water to top of line on bottle.**
- **Choose the flavor of your choice, or add Gatorade, Kool-aid, or Crystal Light and dump in the bottle.**
- **Cap bottle and shake, then place in the refrigerator for 6 hours.**

STEP 3. WAIT 6 HOURS

STEP 4. AT 7 PM DRINK ALL THE SOLUTION

Drink 1 (8 oz.) glass every 15-20 minutes (about 8 glasses). Drink each glass quickly rather than drinking small amounts continuously. If you have severe discomfort or distension (bloating), stop drinking the solution for 30-60 minutes or wait longer between drinking each glass until the discomfort goes away.