

INTEGRATED MEDICAL GROUP, P.C.
GASTROENTEROLOGY / HEPATOLOGY

48 TUNNEL ROAD, SUITE 104, POTTSVILLE, PA 17901
(570) 622-5555 FAX (570) 622-6047

STEPHEN O. SLUSSER, M.D.
PHOEBE HALL, C.R.N.P.
ROBERT C. ALLISON, PA-C

AMRIT P. NARULA, M.D.
F.A.C.P., F.A.C.G., F.A.C.N., A.G.A.F.
MEGAN AMEY, PA-C

FLEXIBLE SIGMOIDOSCOPY PREPARATION INSTRUCTIONS

PATIENT: Gi House Acct DOB: 10/15/2009

Date of Procedure: 00/00/0000 Time:
Place:

- * CLEAR LIQUID DIET FOR ONE DAY BEFORE THE TEST (SEE NEXT PAGE)
- * TAKE A BOTTLE OF CITRATE OF MAGNESIA THE AFTERNOON BEFORE THE TEST
- * FLEET ENEMA THE MORNING OF THE TEST
- * NO IRON MEDICATION FOR 4 DAYS PRIOR TO THIS PROCEDURE
- * IF YOU ARE A DIABETIC OR TAKE A BLOOD THINNER, PLEASE INFORM US
- * IF YOU HAVE A PROSTHETIC HEART VALVE OR ANY OTHER TYPE OF PROSTHESIS, PLEASE INFORM US
- * YOU MUST REMOVE ALL PIERCING'S FROM YOUR FACE AND/OR TONGUE.

IF YOU HAVE ANY QUESTIONS PLEASE CALL
(570) 622-5555
ASK FOR TRACEY, GEORGINE OR NANCY

*****IF YOU ARE USING OUR PATIENT PORTAL AND YOU VIEW THE APPOINTMENT, PLEASE BE ADVISED THAT THE TIME LISTED **IS NOT** YOUR SCHEDULED TIME. THE TIME WILL COME FROM THE FACILITY 1 BUSINESS DAY PRIOR TO THE PROCEDURE. THESE SLOTS ARE THERE JUST TO SHOW THAT YOU ARE SCHEDULED FOR THAT SPECIFIC DAY.*****

Patient Signature: January 5, 2017

CLEAR LIQUID DIET

YOU MAY NOT EAT OR DRINK ANYTHING THAT IS NOT LISTED BELOW:

The following food are permitted in unlimited amounts:

LIQUIDS: Clear consomme, bouillon and/or broth, tea, coffee, decaffeinated beverages, Postum, Kool Aid, carbonated beverages.

JUICES: Strained orange and grapefruit juice (only need to strain if it is freshly squeezed or has pulp in it), cranberry, apple and/or pineapple juice.

OTHER ITEMS: Flavored gelatin (Jello) **BUT NOT RED OR ORANGE JELLO**, sugar hard crystalline candy, honey, pure sugar candy, sherbet ices (**NOT ICE CREAM AND MUST BE WITHOUT NUTS, FRUITS OR PULP**)

SAMPLE MENU

BREAKFAST

Pineapple Juice

Strained Orange Juice

Consomme

Gelatin

Tea & Lemon (No pulp)

LUNCH

Apple Juice

Strained Grapefruit Juice

Bouillon

Jello

Cola Beverage

DINNER

Cranberry Juice

Strained Orange Juice

Broth

Gelatin

Coffee (without cream)