

Dr. Green, Dr. Peters, & Dr. Slusser

TRILYTE / GOLYTELY COLON PREP

YOU WILL BE GIVEN A PRESCRIPTION TO TAKE TO YOUR PHARMACY TO GET THE BOWEL PREP KIT.

FIVE DAYS PRIOR TO PROCEDURE:

1. **ALL** aspirin and blood thinners need to be stopped.

DAY PRIOR TO PROCEDURE:

1. Drink only clear liquids. **YOU CAN NOT HAVE ANY SOLID FOOD.**
2. Samples of clear liquids: strained orange juice, broth, coffee, clear grape juice, kool-aid, apple juice, tea, water, Gatorade, ensure, lemonade, soda and jello.
3. **NO MILK, MILK PRODUCTS or RED FLUIDS.**
4. Mix TRILYTE solution by following instructions on the box, which reads fill container with water to the 4 Liter mark, shake to dissolve the powder.
5. Start to drink the solution at 1:00 P.M. (latest to start prep is 4 P.M.)
6. Drink an 8 oz. glass every 10-15 minutes until you have finished 3 Liters of the fluid. You will then drink the last liter 4 hours prior to your scheduled time.
7. **DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT EXCEPT FOR YOUR LAST LITER 4 HOURS PRIOR TO YOUR SCHEDULED TIME.**
8. The SCHUYLKILL ENDOSCOPY CENTER will call you the day before with your scheduled time. If you are scheduled at The Schuylkill Medical Center Out Patient Center, you must call our office after 3 P.M. to get your time.
9. **IF YOU ARE SCHEDULED AT THE SCHUYLKILL ENDOSCOPY CENTER AND NEED TO CANCEL YOUR PROCEDURE AFTER 5 P.M. THE DAY BEFORE, PLEASE CALL (570) 622-6520 AND LEAVE A MESSAGE.**

DAY OF THE PROCEDURE:

1. **DO NOT EAT OR DRINK ANYTHING IN THE MORNING.**
2. **TAKE ONLY NECESSARY MEDICATIONS (HEART or BLOOD PRESSURE) WITH A SIP OF WATER.**
3. **DO NOT TAKE INSULIN OR BLOOD SUGAR MEDICATIONS THE MORNING OF THE TEST.**
4. **YOU MUST TAKE YOUR INSURANCE CARDS WITH YOU.**
5. **SOMEONE MUST ACCOMPANY YOU TO AND FROM THE CENTER SINCE YOU WILL NOT BE PERMITTED TO DRIVE HOME.**

SCHUYLKILL ENDOSCOPY CENTER

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