

**Welcome to Blue water Surgery Center  
810-985-5200**

**Please read the following instruction to prepare for your outpatient surgery.**

**Prior to admission: In order to reduce the risk of postoperative wound infections we ask that you bathe/shower with an antibacterial soap the day of your procedure (i.e. dial or etc.) paying particular attention to the anticipated surgical site.**

**Arrive**

The day before surgery a pre-op nurse will call you with an arrival time. Report to the receptionist's desk upon arrival. **A responsible ADULT must ARRIVE, STAY AND ACCOMPANY the patient home.** Minors (age 18 and under) must be accompanied by a parent or legal guardian. Our facility has no cafeteria, but coffee is provided.

**Call**

The center for instruction:

1. If you are taking **Aspirin, Plavix, Coumadin, NSAIDS or other blood thinners.** (Tylenol/acetaminophen products are okay to use.)
2. If you develop a **cough, cold, flu-like symptoms** or fever forty-eight hours prior to the surgery date.
3. If you are on any **vitamins, herbals or weight reduction medications (prescription or over the counter).**

**Take** *(if routinely taken in morning)*

With a small amount of water: (1-2 ounces)

1. Blood pressure medication
2. Heart medication
3. Seizure medication
4. Asthma medication
5. **DO NOT TAKE DIURETICS (water pill)**
6. \_\_\_\_\_

**DO NOT**

1. **Do not** eat or drink after midnight unless otherwise instructed This includes water.
2. **Do not** have gum, mints or hard candy after midnight.
3. **Do not** consume alcoholic beverages 72 hours prior to scheduled surgery time.
4. **Do not** wear jewelry (this includes all piercings) or makeup.
5. Please leave valuables at home
6. No nail polish Toes[ ] Fingers[ ]
7. Please **do not** wear contacts.

**Attention Diabetic patients**

**On the day of surgery:**

1. Hold oral diabetic medications unless otherwise instructed
2. Hold insulin dose unless otherwise instructed
3. Your blood sugar will be checked in pre-op the morning of surgery.

**Bring**

1. Insurance cards
2. Medical/health care Power of Attorney, guardianship and or Emancipation Papers.
3. Photo Identification.
4. Inhalers
5. Crutches/walker.

**Wear**

1. Loose fitting clothes.

**Attention**

If you **have not** received a call from the surgery center **five days** prior to your surgery date please call 810-985-5200 and ask for a pre-assessment nurse.