

What to expect from your visit at Kendall Endoscopy and Surgery Center

Preparation Phase: Your doctor should have given you his preferred method of preparing you for your test. Please follow the instructions carefully; the result of your test depends on it. Remember: Nothing to eat the day before or drink at least 2 hours prior to your test. Bring a list of your medications including vitamins with dosages and frequency please.

Registration: When you arrive at the KESC building you will need to get registered in Suite 102. Here you will be asked to verify your demographic information, i.e. address, phone number etc. Insurance information will also be reviewed. Please bring your insurance card, photo ID and financial responsibility. After registration you will be sent to Suite 201. Your driver may wait in our waiting area, or may leave and be called to return when you are ready to go home; no Taxi or Uber is allowed. Please bring only one person, if possible, with you, as space is limited in the waiting room.

Suite 201: You will hand your chart to the person at the desk. This person will give you the consents please review them, and you will sign them with the nurse. The nurses will call you when all is ready for you.

Consents: Your consents are a review of what your physician and you have already discussed relating to this procedure. By signing them you are authorizing your doctor to perform the procedure.

The Procedure: Our staff from the procedure area will call you when it is your turn. You will be asked to sign your consents. A few preliminary medical questions will be reviewed with you by our nurses. You will be asked to remove all your clothing and put on one of our gowns. Bring clothes you can easily remove and easily get dressed again. We will provide a bag for your belongings. Please do not bring jewelry or other expensive items. You can keep your socks on if you tend to get cold. Blankets will also be provided.

Once on our stretcher you will remain on it from beginning to end. You will be connected to our monitors that take continuous heart rate, oxygen saturation, and frequent blood pressures. An anesthesia provider will come and speak with you and answer any questions or concerns you might have about the sedation. One of the nurses will start an intravenous line (IV) for the administration of your sedation and /or any other necessary medications. When your physician is ready for you, you will be taken to the Endoscopy Suite. You will have an opportunity to see your physician before getting started. You and your physician will have an opportunity to converse and discuss any questions you might have before the anesthesia provider gives you the sedation.

The Recovery: You will wake up in the recovery area. Don't be surprised if at first you are a little disoriented. Within a few minutes you will begin to feel better. You will be required to stay here for a little while. The nurses will be monitoring your heart rate, blood pressure, and oxygen saturation assuring everything is returning to your normal baseline. The recovery time varies, but most patients are ready to get dressed between 15-30 minutes after the procedure. Once you are awake and stable, all monitors and IV will be removed. You will be asked to get dressed and sit in another area where we have comfortable recliners. You will be offered something to drink. This ensures us you are swallowing well. Your Physician will see you prior to discharge.

Discharge instructions left by your physician will be reviewed with you by one of our nurses. Discharge instructions in writing will also be given to you. Please read your instructions carefully and phone your physician's office with any questions. You will then be escorted out to the lobby area, as needed.

PLEASE REMEMBER: YOU CANNOT DRIVE HOME. MAKE ARRANGEMENTS FOR A RESPONSIBLE ADULT TO DRIVE YOU HOME.

We will make every effort to ensure your visit to Kendall Endoscopy is as pleasant and safe as possible.

****Delays: Medical Procedure schedules are made by allotting an average amount of time per procedure. We will make every effort to stay on schedule, but every patient is different. Some require a little more time for all necessary interventions to occur. This is impossible to predict before the procedure. At times you might notice patients that arrived after you being brought in first. Please note that we have the capability of working with 4 different physicians at the same time, and that person may likely be another physician's patient.**

**** Insurance:** Before the date of your procedure a member of Kendall Endoscopy's business office staff will call to notify you of any co-pay or deductible to be paid upon arrival at the facility, and confirm the time you are to arrive. If you do not receive a phone call at least two days before your procedure, please call at (305)270-7572 ext. 216, 217 or 221. For your convenience the Center accepts the following forms of payment: cash, check, Visa, MasterCard, Discover American Express and Care Credit.

Anesthesia and Pathology provider fees are not included in the facility fee; they will file your **insurance separately**. Your insurance company will receive a bill from Anesthesia, and if any tissues (biopsies, etc.) are obtained during your procedure, the Pathologists will bill as well.

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