

Patient Information- Anesthesia

Welcome to the Surgical Center at Millburn. It is very important to us that you have all of the information you need about your upcoming procedure.

Before Surgery:

- Nothing to eat or drink (including water, chewing gum, etc.) after 12 midnight.
- Plan to come to the Center accompanied by a responsible adult. You will not be allowed to drive yourself home.

The Day of Surgery:

- Prior to the start of your procedure an IV will be inserted, typically into the vein of your hand or arm.
- We want you to be as comfortable as possible for your procedure. To help put you at ease, an anesthesia provider will be giving you medication through the IV to help you relax and/or feel sleepy.
- For your safety, the anesthesia provider will closely monitor your heart rate, blood pressure and breathing during your procedure.
- Please ask questions or voice any concerns if you do not fully understand any part of the anesthesia plan.

During Surgery:

- While in the operating room your anesthesiologist will administer one or more of the following forms of anesthetics:
 - Monitored Anesthesia Care
 - General Anesthesia
 - Regional Anesthesia

After Surgery:

- You will be taken into the recovery area where a nurse will continue to monitor you closely and help with any pain control you may need.

Recovery Instructions:

- As with any procedure, there are possible side effects from having anesthesia which include:
 - Nausea and vomiting
 - Drowsiness even after you get home. This is why you need someone to stay with you until you are fully recovered.
 - Less common side effects are:
 - Excessive bleeding or discharge
 - Fever greater than 101°F or chills
 - Difficulty breathing
 - Call your doctor if you have any of these less common side effects
- You should not have uncontrolled pain. Follow your surgeon's instructions regarding any pain medication you might be given.
- You will receive specific discharge instructions before you leave the Center. These instructions will have information specific to your procedure and include follow-up appointment information.
- Should you have any questions before, during or after your procedure, please call the Center at 973-912-8111 or ask while in the Center.