

## ASC Pre-Admission Testing requirements per ASA Classification

	<b>CLASS I</b> Normal, healthy patient with no significant medical disorders	<b>CLASS II</b> Patient with mild systemic disease that does not limit his/her activity, is not incapacitating and may be under control with medications	<b>CLASS III</b> Patients with severe systemic disease are not normally candidates at ASC but maybe approved by Anesthesia
<b>EXAMPLES</b>		Controlled medical conditions such as <a href="#">HTN</a> , <a href="#">Diabetes</a> and <a href="#">Obesity</a> .	Any patient with poorly controlled systemic medical condition
<b>BLOOD WORK</b> Valid for 30 days		<b>Chem Pro Plus:</b> Liver / Kidney disease or severe diabetes  <b>Electrolytes:</b> Patients on Diuretics, dialysis patient  <b>PT/PTT/INR:</b> Bleeding disorders, anticoagulants and as indicated (day before or day of surgery)	<b>Chem Pro Plus:</b> Liver / Kidney disease or severe diabetes  <b>Electrolytes:</b> Patients on Diuretics, dialysis patient  <b>PT/PTT/INR:</b> Bleeding disorders, anticoagulants and as indicated (day before or day of surgery)
<b>RADIOLOGY</b> <b>CXR</b> valid for 1 year			If indicated
<b>EKG</b> Valid for 6 months		Cardiac history or Hypertensive patients	Pacemakers with Internal Defibrillators with anesthesia approval
<b>CONSULTS</b>		Following requires medical consult: <ul style="list-style-type: none"> <li>Symptomatic cardiac / pulmonary patients with activity limitations</li> </ul>	Required for most Class III unless exempt by Anesthesia
<b>OTHER</b>	Urine Hcg all women with menses during last 12 months	<b>FS in AM</b> for stable and controlled diabetes as indicated	

Cataract Patients: No testing required for Local or Regional Block

***These recommended guidelines are from the Department of Anesthesia and Medical Director, Dr. Gourishanker. If you have any questions, please call the Pre-Op Room at (973) 322-7718.***

***All labs and Medical Consults are required to be faxed no later than 24 hours prior to surgery for review by anesthesia.***

**FAX # (973) 322 – 7398 OR (973) 324-4906  
(973) 322 – 7744**

### **NPO INSTRUCTIONS FOR PATIENTS**

- ***All cases scheduled prior to 12 noon will be NPO after 12 Midnight***
- ***All cases scheduled after 12 noon may have clear liquids only until patient leaves home for the ASC (or 2 hrs)***