

The Livingston Surgery Center

200 South Orange Avenue
Suite 200
Livingston, New Jersey 07039

PRE-OPERATIVE INSTRUCTIONS

The Livingston Surgery Center is located at 200 South Orange Avenue, across from Macy's in the Livingston Mall, in the Barnabas Health Ambulatory Surgery Center.

- **Plan to arrive 1 hour 30 minutes prior to your procedure** time or as directed by your physician. Please note that you may experience delays due to many factors; please bring reading material such as a book or magazine.
- Please bring your insurance card, Photo ID , insurance co-pay if applicable, prescription card and reading glasses
- **Do not bring any valuables including jewelry, money, credit cards, cell phones etc. unless you have a co-pay**
- Wear comfortable clothes
- Please do not wear any makeup
- **Please come accompanied by another adult** or plan for a ride home – you will not be able to drive for 24 hours following anesthesia
- Please be prepared to review your medical and surgical history
- **Please bring a list of your medications** you are currently taking with the dosage and times including vitamins and herbal supplements on the form provided
- **If you are taking blood pressure, heart, or seizure medication** – you may take the medication in the morning with a sip of water
- **If you are diabetic**, please take your blood sugar level the morning of the procedure. Consult your primary physician regarding medication the day of the procedure
- **Parking** is available on the second level of the parking garage. For your convenience, complimentary valet service (6:30 AM –7:00 PM) is also available at the building main entrance.
- If you have any medical questions, please contact your doctor
- If you have questions regarding The Livingston Surgery Center, you may call the following numbers:
 - 6:00am – 4:00 pm, Monday – Friday: 973- 322- 7107. After business hours, you will receive a call on the next business day
 - Transportation issues: 973-322-7357 or 973-322-7750
 - Insurance / Co-Pay issues
 - 830a-430p Monday – Friday call 973-322-322-7704
 - After hours/week-ends call 973-945-2777
- You may receive a call from The Livingston Surgery Center to confirm your time and to review your information.