

OVERTON/STIFF
Professional Anesthesia Services, P.A.

Pre-Operative Instructions for patients at Eagle Eye Surgery and Laser Center

To prevent nausea and possible aspiration please follow these guidelines:

1. Do not eat or drink anything for 6 hours before your scheduled arrival time. Your doctor may tell you not to drink after midnight because the schedule may change and you may be moved up. If your doctor only works in the afternoon, you may eat a light breakfast until 7 a.m. the day of surgery.
2. Not eating or drinking includes coffee, water, gum, hard candy, chewing tobacco.
3. You may have a sip of water to take the medications your physician advised you take.
4. If you forget and eat or drink, your surgery will be rescheduled for your safety.

For your safety:

1. You must have someone to drive you home from surgery. You may only take a Taxi if you have someone to ride home in the taxi with you. If you do not have an escort to take you home, your surgery will be rescheduled.
2. You should make arrangements to have a family member or friend stay with you after surgery, at the minimum a few hours, preferably all day.

Anesthesia

1. Most eye surgery is done under topical anesthesia (eye drops) and sedation in your IV. If you (or your child) have been scheduled for **general anesthesia** (completely asleep) a Certified Registered Nurse Anesthetist (CRNA) from the anesthesia team will contact you the night before. If you do not hear from them the evening before surgery, please call them at 939-3255 or page them at 208-869-1632 before your surgery date.
2. If you are a smoker it is best that you avoid smoking for as much as you can for 2 weeks prior to surgery, especially the day of surgery.
3. Your surgeon may have you hold Aspirin, Coumadin, or other blood thinning drugs prior to surgery. If your surgeon did not discuss your medications with you, please contact them before surgery.
4. If you are of childbearing age, we ask that you confirm that you are NOT pregnant. If you are unsure, take a home pregnancy test prior to your surgery and report the results to your CRNA.
5. If you are on dialysis, it is important to have a potassium results within 3 days of your surgery.
6. Diabetes- If you are insulin dependent, check with your primary care physician on the amount of insulin to take. If you take oral hypoglycemics, hold them the morning of surgery. Pre op blood sugars need to be below 300 for surgery to proceed.

Billing

1. The anesthesia provider contracts with Eagle Eye Surgery and Laser Center. You will receive a statement from their billing office. Their billing office at Intermountain Management Services at 800/338-5378 (Kari at extension 20) can handle questions about this bill.