

ERCP Prep Instructions:

You have been scheduled for an ERCP with Northern NM Gastroenterology Associates. Please follow these instructions to prepare for your procedure.

Due to sedation, you **MUST** have a driver. **Your driver is required to remain at the facility and to drive you home after your procedure.** Public transportation and “drop off/pick up” is not allowed. Due to the sedation, you may not remember what your doctor tells you after the procedure, if this happens, please call our office at 505-983-5631 for an explanation of your results. If a biopsy is taken, it will take 5 to 7 working days for the doctor to get the biopsy report.

Please read all of the instructions ahead of time so you can be adequately prepared for this procedure.

**IF YOU MUST CANCEL THIS APPOINTMENT, PLEASE PROVIDE
ADVANCED NOTICE OF AT LEAST THREE WORKING DAYS.
FAILURE TO DO SO MAY RESULT IN A \$100.00 CHARGE TO YOU.**

- You should take blood pressure pills, but NOT diabetes medications, early in the morning the day of your test.
- The physician will need to know whether you have any allergies, especially to iodine, which is in the dye. Your gastroenterologist may give you other special instructions.

THE NIGHT BEFORE YOUR PROCEDURE:

- **No food after midnight.** Your stomach and duodenum must be empty for the procedure to be accurate and safe; you should not eat any food from midnight the day before your procedure, until after your procedure is finished. **Clear liquids ONLY are allowed until 3 hours before your procedure.**

THREE HOURS BEFORE YOUR PROCEDURE:

- **You may take nothing by mouth until after your procedure.**