

Pre-Colonoscopy Medication Instructions

Note: You are to continue all of your heart, blood pressure and lung medications with a few sips of water at least 2 hours before your procedure. Make certain that the doctor is aware of any blood thinners (such as Coumadin or Plavix), arthritis medications, diet medications, herbal supplements, diabetes medications or insulin you are taking.

Unless otherwise directed, the following medications **should be avoided** during the week prior to your Colonoscopy, as they may increase the risk of bleeding or other complications during the procedure. **Aspirin**, or aspirin containing products (Check the label of any over-the-counter pain or cold medications.)

- Non prescription **Ibuprofen** (*Motrin, Advil, Nuprin, Medipren, Aleve, etc.*)
- Prescription anti-inflammatory medications (*Anaprox, Ansaïd, Butazolidin, Celebrex, Clinoril, Daypro, Dolobid, Feldene, Indocin, Meclomen, Motrin, Nalfon, Naprosyn, Orudis, Ponstel, Relafen, Tolectin, Voltarin, etc.*)
- Iron supplements (*and vitamin tablets containing iron*)
- Pepto-Bismol
- Fish Oil , Vitamin E
- Any type of DIET medication: Phenteramine, Adopex, Lomaria, Qsymia, or any other Amphetamines, Must be off two weeks.
- Ginkgo and Ginseng Supplement
- St. John's Wort
- Although you cannot take Aspirin or Ibuprofen, **YOU MAY TAKE TYLENOL**

It is important to us that all patients receive test results in a timely manner. We have an office protocol to ensure that your results are communicated promptly. Be sure to contact our office if you do not hear regarding your results within two weeks. BE SURE TO READ YOUR DISCHARGE ORDERS for further instructions from the doctor regarding follow up visits, biopsy results, medications, and additional testing information. If you have been instructed to call our office for a follow up appointment, please do so as soon as possible.