

HOME CARE INSTRUCTIONS FOR LASER CAPSULOTOMY

POST OPERATIVE VISIT TO CLINIC IS:

Date: _____ Time: _____

Dr. Lucius / Dr. Anderson / Dr. Nelson

ACTIVITIES:

1. You may resume all normal activities.
2. Resume your normal diet.
3. Continue to take your medications as you have been including previously prescribed eye drops or ointment. If the doctor has prescribed medications for you today, use these as instructed.

WHAT TO EXPECT:

1. Your vision may be blurry immediately after laser treatment. This will improve in 1 – 2 days.
2. There should be no pain in your eye(s). If you have significant pain, call the St. Cloud Center for Ophthalmic Surgery at (320) 258-6620.
3. It is normal to have a few new floaters and to see colored lights after this procedure. If floaters dramatically increase after three days, call your physician.

CONTACT YOUR DOCTOR IF:

1. You see flashes or light that start suddenly.
2. You see dark shadows that start suddenly.

These may be signs that you have developed a retinal tear or retinal detachment and you need to be examined soon.

If you have any problems or concerns, notify your physician at (320) 251-1432. The St. Cloud Eye Clinic is open 8:00 a.m.-5:00 p.m. Monday - Friday. After office hours, an eye surgeon may be reached at (320) 654-2947. Contact your local hospital Emergency Room if you require medical attention and cannot reach your physician. St. Cloud Center for Ophthalmic Surgery's telephone number is (320) 258-6620. Our business hours are 7:00 a.m.-3:30 p.m. Monday - Thursday.

Thank you for utilizing St. Cloud Center for Ophthalmic Surgery!

MEDICATIONS

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|----------|-----------|----------|-----------|-------------|------|
| 1. _____ | Right Eye | Left Eye | Both Eyes | Times A Day | Days |
| 2. _____ | Right Eye | Left Eye | Both Eyes | Times A Day | Days |
| 3. _____ | Right Eye | Left Eye | Both Eyes | Times A Day | Days |