

INSTRUCTIONS FOR FLEXIBLE SIGMOIDOSCOPY

APPOINTMENT DATE: _____

CHECK-IN TIME: _____

**LOCATION: LA JOLLA ENDOSCOPY CENTER
9850 GENESEE AVE, SUITE 980
LA JOLLA, CA 92037**

You will need to purchase two Fleet Enemas from the pharmacy. The first enema should be used approximately two to three hours prior to your appointment followed by the second enema thirty minutes later. There are no dietary restrictions for this procedure.

Should you have any questions, please call our office at (858) 453-5200.

Required paperwork: Please bring insurance card, photo ID and list of medications

IMPORTANT: STOP PLAVIX, COUMADIN, XARELTO, ELIQUIS, PRADAXA OR OTHER BLOOD THINNERS _____ DAYS BEFORE YOUR PROCEDURE.

PATIENTS WITH DEFIBRILLATOR: PLEASE BE SURE TO TELL US. PROCEDURES MUST BE DONE AT SCRIPPS HOSPITAL

Physician charges are separate from facility charges. If biopsies are taken, you will receive two additional bills from the pathologist and the hospital laboratory.