

INSTRUCTIONS FOR UPPER GI ENDOSCOPY

APPOINTMENT DATE: _____

CHECK-IN TIME: _____

**LOCATION: LA JOLLA ENDOSCOPY CENTER
9850 GENESEE AVE, SUITE 980
LA JOLLA, CA 92037**

Please do not eat anything after midnight the night before your procedure. You may have water up to 2 hours before the procedure.

NOTHING BY MOUTH, INCLUDING WATER, 2 HOURS BEFORE APPOINTMENT TIME.

IMPORTANT: STOP PLAVIX, COUMADIN, XARELTO, ELIQUIS, PRADAXA OR OTHER BLOOD THINNERS _____ DAYS BEFORE YOUR PROCEDURE.

PATIENTS WITH DEFIBRILLATOR: PLEASE BE SURE TO TELL US. PROCEDURES MUST BE DONE AT SCRIPPS HOSPITAL

Sedatives will be given during the exam, so be sure to make arrangements to have a responsible adult drive you home. Taxis and buses are NOT acceptable forms of transportation. The driver must go to Suite 980 to sign you out before you can be discharged. Plan to be at the facility for about two hours.

Should you have any questions, please call our office at (858) 453-5200.

Physician charges are separate from facility charges. If biopsies are taken, you will receive additional bills from the pathologist and the hospital laboratory.