

SPECIAL INSTRUCTIONS FOR CLEANSING

2 DAY PREP

Day 1 (2 days prior to procedure)

- ✓ Begin clear liquid diet
- ✓ At 12:00 noon take 4 tablets of Dulcolox (5 mg each tablets for a total of 20 mg). These are purchased over the counter.
- ✓ At 6:00 p.m. Take 1 bottle of Magnesium Citrate; this is purchased over the counter.

Day 2 (1 day prior to procedure)

- ✓ Stay on clear liquid diet
- ✓ Follow the step by step instructions for Colyte (Prescription you should have purchased)

3 DAY PREP

Day 1 (3 days prior to procedure)

- ✓ Begin your clear liquid diet (see attached)

Day 2 (2 days prior to procedure)

- ✓ Stay on clear liquid diet
- ✓ At 12:00 noon take 4 tablets of Dulcolox (5 mg each tablets for a total of 20 mg). These are purchased over the counter.
- ✓ At 6:00 p.m. Take 1 bottle of Magnesium Citrate; this is purchased over the counter.

Day 3 (1 day prior to procedure)

- ✓ Stay on clear liquid diet
- ✓ Follow the step by step instructions for Colyte (Prescription you should have purchased)